



# LUNCH MENU

Monday - Saturday 12pm - 3pm

## SANDWICHES & PANINIS

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Served with Crisps & Mixed Baby Leaf Salad with Balsamic Glaze

### Our Best Seller

Bacon, Brie & Cranberry  
£6.95

### The Caprese (V)

Mozzarella, Fresh Basil, Tomato & Pesto  
£6.95

### B.L.T Club

Bacon, Lettuce, Tomato & Mayonnaise  
£9.00

### Vegetarian Breakfast (V)

Crushed Avocado, Mozzarella, Red Onion  
Chutney & Tomato in a Toasted Ciabatta  
£9.00

### Ham & Cheese

Ham, Cheddar Cheese & Tomato  
£6.95

### Tuna Melt

Tuna Mayonnaise & Cheddar Cheese  
£6.95

### Steak Sandwich

Minute Sirloin Steak, Tomato & Salad  
£10.00

### The Italian

Prosciutto Ham, Caramelised Onion,  
Gherkins & Green Pesto  
£6.95

## LIGHT BITES

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### Soup of the Day

Served with Crusty Bread  
£6.95

### Ham & Egg

8oz Gammon with a Free-Range Egg &  
Chips  
£11.00

### Scampi

Served with French Fries, Garden Peas,  
Tartare Sauce & Lemon Wedge  
£11.00

### Chicken Goujons

Served with French Fries & Side Salad  
£11.00

### The Esplanade Burger

4oz Beef Burger, Lettuce & Tomato served  
with French Fries  
£11.00

### Moules Mariniere

Mussels in White Wine & Garlic Broth  
served with Crusty Bread  
£12.00

#### Allergens

We are unable to cater for any dietary requirements not notified to us in advance. Please note that our food at The Royal Esplanade Hotel is prepared in a kitchen which handles all allergens. We cannot guarantee that our food is free from trace elements of any allergen. The Royal Esplanade Hotel does not assume any liability for adverse reactions to foods consumed, or to items one may come into contact with, while eating at The Royal Esplanade Hotel.

V Vegetarian GF Gluten Free VE Vegan DF Dairy Free