



# LUNCH MENU

Monday to Saturday 12pm - 3pm

## CRAFTED BREAD & PANINIS

Served with Mixed Baby Leaf Salad, Balsamic Glaze & Crisps

### THE CAPRESE \*V

Mozzarella, Fresh Basil, Tomato, & Pesto.

£5.95

### OUR BEST SELLER

Bacon, Brie & Cranberry.

£5.95

### B.L.T CLUB

Bacon, Lettuce Tomato & Mayonnaise.

£8

### VEGETARIAN BREAKFAST \*V

Crushed Avocado, Mozzarella, Red Onion Chutney,  
Tomato in a Toasted Ciabatta.

£8

### HAM & CHEESE

Ham, Cheddar Cheese & Tomato.

£5.95

### TUNA MELT

Tuna Mayonnaise & Cheddar Cheese.

£5.95

### STEAK SANDWICH

Minute Sirloin Steak, Tomato & Lettuce.

£8

### THE ITALIAN

Prosciutto Ham, Caramelised Onion,  
Gherkins & Green Pesto.

£5.95

## LIGHT BITES

### SOUP OF THE DAY

Soup of the Day served with Crusty Bread.

£5.95

### CHICKEN GOUJONS

Chicken Goujons, French Fries & Side Salad.

£10

### HAM & EGG

8oz Gammon, Free - Range Egg & Chips.

£10

### THE ESPLANADE BURGER

4oz Beef Burger, Lettuce, Tomato & French Fries.

£10

### SCAMPI

French Fries, Garden Peas, Tartar Sauce &  
Lemon Wedge.

£10

### MOULES MARINIÈRE

Mussels in White Wine & Garlic Broth  
with Crusty Bread.

£10

## ALLERGENS

We are unable to cater for any dietary requirements not notified to us in advance. Please note that our food at The Royal Esplanades Hotel is prepared in a kitchen which handles all allergens. We cannot guarantee that our food is free from trace elements of any allergen. The Royal Esplanades Hotel does not assume any liability for adverse reactions to foods consumed, or to items

one may come into contact with, while eating at The Royal Esplanade Hotel.

\*V - Vegetarian, \*GF - Gluten Free, \*Ve - Vegan, \*DF - Dairy Free