

# LUNCH MENU

Monday to Saturday 12pm - 3pm

# ON BREAD

Served with Mixed Baby Leaf Salad, Balsamic Glaze & Crisps

#### THE CAPRESE \*V

Mozzarella, Fresh Basil, Tomato, & Pesto. £5.95

#### **OUR BEST SELLER**

Bacon, Brie & Cranberry. £5.95

# **B.L.T CLUB**

Bacon, Lettuce Tomato & Mayonnaise. £8

# **VEGETARIAN BREAKFAST \*V**

Crushed Avocado, Mozzarella, Red Onion Chutney, Tomato in a Toasted Ciabatta.

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## HAM & CHEESE

Ham, Cheddar Cheese & Tomato. £5.95

# **TUNA MELT**

Tuna Mayonnaise & Cheddar Cheese. £5.95

## STEAK SANDWICH

Minute Sirloin Steak, Tomato & Lettuce. £8

# THE ITALIAN

Prosciutto Ham, Caramelised Onion, Gherkins & Green Pesto. £5,95

# LIGHT BITES

# SOUP OF THE DAY

Soup of the Day served with Crusty Bread. £5.95

#### HAM & EGG

80z Gammon, Free - Range Egg & Chips. £10

#### **SCAMPI**

French Fries, Garden Peas, Tartar Sauce & Lemon Wedge.

£10

# CHICKEN GOUJONS

Chicken Goujons, French Fries & Side Salad.

## THE ESPLANADE BURGER

40z Beef Burger, Lettuce, Tomato & French Fries.

## PLOUGHMANS \*V

Sliced Gammon, Cheddar Cheese & Brie With Pickles, Apple, Grapes, Celery, Crisps & Crusty Bread.

£8

ALLERGENS