

LUNCH MENU

STARTERS

Soup of the Day

served with crusty bread from Bembridge Bakery £4.95

Lamb Kofta

marinated minced lamb, garlic & mint yogurt, rocket salad, cherry tomato & white wine dressing £5.75

Marinated Chicken Skewers

mixed salad leaves, pine kernels, cherry tomato & sweet chilli mayo £4.95

Pan Fried King Prawns with Beef Tomato, Fresh Chilli, Spinach and Basil

served on sundried tomato focaccia bread £8.75

Broccoli Cake (V)

broccoli, potato, leeks and white onion coated in breadcrumbs and served with mango and avocado salsa £6.25

SALADS

Main Size £11.95 / Deli Size £9.95

Chicken Caesar Salad

chargrilled chicken skewer, baby gem, anchovies, pancetta and garlic croutons

Salt Baked Beetroot with Feta Cheese and Pickled Onion (V)

beetroot, feta cheese, toasted hazelnuts, pickled onion, apple and chive oilve oil

Roasted Fennel & Baby Carrots and Orange Salad (V)

fennel, baby carrots, sesame seeds, coriander, salad leaves with sesame oil dressing

SANDWICHES & CIABATTAS

Sandwiches served with crisps and salad garnish

Cheddar Cheese and Tomato Chutney

£6.50

Honey Baked Ham and English Mustard

£6.50

Prawn Marie Rose

£7.50

Fresh Bembridge Crab

£8.50

Ciabatta Served with Chunky Chips and Salad

Minute Rump Steak and Balsamic Onion

£9.25

BLT 4 Rashes of Bacon, Baby Gem and Beef Tomato

£7.25

Chargrilled Cajun Chicken Breast with Onion Chutney,

Beef Tomato, Baby Gem and Rocket

£8.25

Melted Mozzarella, Tomato, Basil, Olive Oil (V)

£7.25

MAINS

Chef's Signature Pie of the Day

with water crust pastry, served with thick cut chips, gravy and seasonal vegetables £10.25

Fish and Chips

beer battered fillet of cod, served with thick cut chips and traditional mushy peas and tartare sauce £12.25

Honey Baked Ham with Egg and Chips

Traditional favourite with our own freshly baked ham £10.25

Harry's Chargrilled Steak Burger

Served with salad garnish, onions and cheese – Monteray Jack in a burger bun and served with chunky chips \$\cdot 10.95\$

Fully Loaded Cajun Chicken Burger

marinated chicken breast, salad leaves, beef tomato, onion chutney in a burger bun and served with chunky chips £8.25

The Vegan's Burger (V)

mushrooms, avocado, spinach, grilled halloumi cheese, onion chutney and beef tomato in a burger bun and served with chips

Traditional Sausage & Mash

Isle of Wight pork sausages with mashed potato, garden peas and onion gravy £9.25

Side Dishes

Thick cut chips, Fluffy mashed potato, Dressed side salad, Beer battered onion rings $\mathfrak{L}3.00$

DESSERTS

Caramelised Rice Pudding Cake with Strawberries

£5.25

Buckwheat Pancakes with Caramelised Apple Slices

£5.25

Lemon Curd Syllabub

£5.25

Homemade Chocolate Brownie

£5.25

Vanilla Cheesecake

£5.25

Ice Cream Trio

£5.25

Cheese Platter

fine Isle of Wight and continental cheeses with biscuits, celery sticks and grapes £7.25

FOOD ALLERGIES AND INTOLERANCES

Please speak to a member of our staff about any food allergies or dietary requirements that you may have



HaRRy'S BaR & BRaSSERIE

THE ROYAL ESPLANADE

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